



WEEKLY SCHEDULE FOR THE MONTH OF MARCH

SUNDAYS:

10:00 AM EUCHARIST
10:00 AM SUNDAY SCHOOL

LETTER FROM FR. MATHEW

Dear people of God,

Let me welcome you to the Season of Holy Lent. Holy Lent is observed in many churches as a solemn preparation for Easter. There is no Easter without Lent! The liturgical Season of Lent commemorates the 40 days Jesus spent fasting in the desert or wilderness and being tempted by the devil. Jesus through the wilderness experience was identifying with humanity.

Jesus was clearly hungry, tired, weak, vulnerable or powerless in that desert. It might even seem that the devil had more power and advantage over Jesus in the physical sense. Our Lord was tempted three times according to the gospel accounts in Matthew and Luke (Matthew 4: 1-11; Luke 4: 1-13). And Jesus successfully overcame each temptation and proclaimed victory by refusing to comply with the devil's instructions.

The gospel message of Lent conveys to us that the spiritual is greater than the physical. It conveys to us that spiritual power is greater than physical power or arbitrary power. It conveys to us about the power of a simple "No" in a world surrounded by various temptations. In a counter culture that teaches us to choose convenience over conviction or teaches us to be "Yes" people to systems of injustice and oppression; the gospel teaches us to take a powerful stand just like Jesus did in the desert. Let us say "No" to systems of hate and "Yes" to the way of love. Wishing you all a Blessed Holy Lent! And remember that the joy of Easter is awaiting us.

Peace, In Christ's Love,

The Rev. Dr. Varghese Mathew

MARCH 1 OUTREACH SUNDAY WORLD FOOD PROGRAM (USA)

The World Food Programme (WFP) is the world's leading humanitarian organization and probably the most successful service for delivering food to people in strife torn areas of the world. In the midst of ongoing attacks from Israel and restrictions on humanitarian organization entering Gaza, it has significantly expanded its lifesaving operations there reaching more than 1 million people each month. While critical progress has been made in pushing back famine, the situation remains extremely fragile. The conflict in Sudan has created a hunger catastrophe. At least 21 million people (nearly half the population) are facing acute hunger, including 375,000 people facing starvation. WFP is doing everything possible to deliver food to affected communities in

this country where war has been waged for close to three years. Please give as generously as you can to help the WFP in its life saving work

MARCH 8 INTERNATIONAL WOMEN'S DAY SPECIAL COFFEE HOUR

Our thanks to Sabina Gaston for hosting a special coffee hour in honor of International Women's Day. If possible, please bring a dish that reflects your international roots and help us celebrate women.



MARCH 8 INTERNATIONAL WOMEN'S DAY CONCERT

Riverarts is celebrating International Women's Day with a chamber music celebration on March 8 at St. Barnabas. The concert will be devoted to works by women composers between the years 1846 and 2023 and will be performed by The Solace Trio: April Johnson (violin), Peter Seidenberg (cello) and Tomoko Uchino (piano). A few complimentary tickets are still available. Please speak with Kathy Wolf if you would like one.

MARCH 18 WEDNESDAY 7:30-8:30 PM DYING, DEATH AND BEREAVEMENT; A SPIRITUAL EXPLORATION

No one gets through life without experiencing the pain of losing a loved one. Dealing with that pain is the challenge that follows if one is to move forward without the presence of that person. Please join us in the St. Barnabas Library on Wednesday, March 18 from 7:30-8:30 for a spiritual exploration of dying, death and bereavement.

In the event of a pastoral emergency, please contact Fr. Mathew 914-572-1568

Newsletter Editor: Pat Breinin,
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REMEMBER TO BRING DONATIONS FOR THE DOBBS FERRY FOOD PANTRY

MARCH 20 MIDNIGHT RUN

You know the drill, Please come help sort clothes for the run on Wednesday March 18 at 10 AM or help with the food and lunch bags on the day of the run or actually go on the run. Special thanks go to all those who went on the February run when the weather was so miserable. Fewer homeless people turned out but those that did were immensely grateful for the presence of the St Barnabas volunteers.



MARCH 22 COFFEE HOUR A HEALTHCARE TALK ON STROKE

We are so fortunate to have the expertise of our own Anu Koshy-Mathew, Family Nurse Practitioner and Hospitalist, who so generously shares her knowledge with us on medical issues. Please join us during coffee hour on Sunday March 22, when she discusses issues relating to stroke prevention and care.

SUNDAY SCHOOL BREAKFAST RUN, FEBRUARY 14

On Saturday, February 14 (Valentine's Day); St. Barnabas Sunday School organized an Ecumenical Breakfast Run to the City to serve those experiencing homelessness and food insecurity. Youth and young adults from the Mar Thoma Church in Yonkers joined our Sunday school group in serving breakfast to about 40 people in the Saturday early morning hours. Winter apparel such as winter jackets, gloves/mittens, hand warmers, winter hats, winter socks, and blankets were also distributed. Special thanks



to the Mar Thoma Church leadership including the Rev. John Philip, the Rev. Brazin K. Mon, Mr. Aju Daniel, Mr. Jishu Samuel, and Mr. Pictured here are the sandwich makers and all those who helped make

the run a great success. Thanks to all who participated!!



COFFEE HOUR IN OBSERVATION OF SHROVE TUESDAY PANCAKE SUPPER

Thanks to chefs Marcie and Rick Weaver for hosting our shrove Tuesday pancake supper, which was held on February 15 following the Sunday Eucharist. Holding this event in the daytime means more people can come and enjoy their delicious pancakes and sausages. No one went home hungry!

FEBRUARY 15 THE ASH MAKING AND HOLY SMOKE COMMITTEE

Shown here are all those who participated in the burning of last year's Palm leaves to make ashes to be used on Ash Wednesday. Laura Andrade chaired the committee in honor of her mother, Hope Sutherland, for whom the burning of the Palm leaves was a much cherished practice. Both Hope and Agnes Bostonian made an annual ritual of this event.



REPORT ON OUR ANNUAL MEETING FEBRUARY 8

Mother Nature must be really mad at us because she has been sending some of the most inclement weather we have seen in years. The day of our Annual Meeting was no exception and so, like Sunday Service that day, it was held on zoom. Vestry members Bill Sullivan and Philip Gotthelf were both up for re-election and were voted in for new terms.

Everyone received a copy of the Annual Report summarizing our financial situation for the year 2025 and projected budget for 2026. Kathy Wolf, our Senior Warden reviewed the budget for last year and projected budget for 2026. Once again it has become clear that without the generous bequest left to us by Doreen Kolditz and without our renters, we would not be able to sustain the mission of our church. Even with the income from these sources, we had a deficit of more than 13,580. The importance of pledging and keeping up with pledges is quite evident.

Fr. Mathew began his remarks with his observation that even though we are a small church, we should see our glass as 1/2 full because we are able to have an impact on our community. People who do not always attend church nonetheless often participate in our ministries. Within the confines of our church he stressed the importance of listening to each other and being there for each other and said the gift of community is our greatest gift.

Most of our work as a parish depends on volunteers, and we hope everyone reads the reports from each of our ministries, to appreciate the work of everyone who gives of their time and talents to the work of our church. Kathy Wolf, our senior warden, gave special thanks to Carolyn Ricci, our church Treasurer, whose dedication to the maintenance of our financial records requires her almost daily services and attention and whose diligence to the task is a great blessing for St. Barnabas