

## SUNDAYS

10 AM Eucharist  
10 AM Sunday School

## ASH WEDNESDAY, Feb 22

7:30 PM Eucharist with Imposition of Ashes

## ASH WEDNESDAY: FEBRUARY 22

Ashes play a prominent role throughout the Old Testament as an outward sign of an internal state of penance or mourning. That role continues in the New Testament as we begin to observe the forty days of Lent leading up to Easter. The significance of the forty days is their reminder of the forty days Jesus spent in the desert prior to the beginning of his ministry of teaching.

On Ash Wednesday the sign of the cross is imposed with ashes on our foreheads as a symbol of penance, the time when we say, "I am sorry...". The ashes come from burning the palms used during the previous year's Palm Sunday.

Ash Wednesday is a great day to reflect on how we can grow spiritually throughout the Lenten season. We might set aside 15 minutes to think about how we can embrace prayer, fasting, and alms giving. Is there a daily prayer you would like to start? Are there habits you'd like to forego for forty days? Is there a charity dear to your heart to which you can make a donation or serve as a volunteer? This is the time to focus on one or two things to which you can really commit and ask God to help you grow this season.

The Ash Wednesday service with Holy Eucharist at St. Barnabas will take place on Wednesday evening, February 22, at 7:30 PM. There will also be a service at 12:00 noon with Imposition of Ashes only.

## FEBRUARY 21: SHROVE TUESDAY PANCAKE SUPPER, 6:30 PM

Shrove Tuesday is a day of celebration before beginning the process of reflection and penance the following day, Ash Wednesday. It is sometimes called "Fat Tuesday" because of the tradition of eating foods rich in butter, eggs, and fat. (Sounds like pancakes to us). So please join us in the celebration at our pancake supper starting at 6:30 PM in the Undercroft and enjoy all the pancakes you can eat, courtesy of the Men's Group. And don't forget to invite your friends to share in the celebration. If you need a ride, contact Kathy Wolf at 914-450-0794.



## FEBRUARY 5: OUTREACH SUNDAY MIDNIGHT RUN

The Midnight Run has long been one of the primary outreach programs at St. Barnabas. There are many things we can do as a parish family: sort clothes to be given to the homeless, buy food and set up lunch bags, and go on the run. But there are some things that require the expenditure of money: the purchase of toiletries and new underwear and socks, and the maintenance of the Midnight Run Store in Dobbs Ferry. The store carries a supply of donated dress clothes (mostly for men) to provide the homeless with clothing suitable for a job interview. The long-run goal of the midnight run is to help homeless people through tough times to get back on their feet and start life anew. When you donate to Midnight Run as our outreach recipient, you are giving hope to those who are in danger of losing it.



## FEBRUARY 17: MIDNIGHT RUN



Our Midnight Run crew in January

Last month there were more people out on the street than usual. Everything we had was given away. We will be sorting clothes for the February run on Wednesday, February 15, starting at 10 AM. If we have a lot of helpers we can finish before noon so if you can lend a hand please do.

## FEBRUARY 5: ANNUAL MEETING

We will hold our annual meeting during coffee hour following the 10 AM service on February 5, at which time we will elect Vestry members and receive financial and committee reports for 2022. It's important that everyone attend this meeting if possible, because we not only review our performance during the past year, but we discuss the future. And for that we need everyone's input. If you cannot attend in person, Kathy Wolf will be sending out a Zoom link.



## A DAY OF CELEBRATION

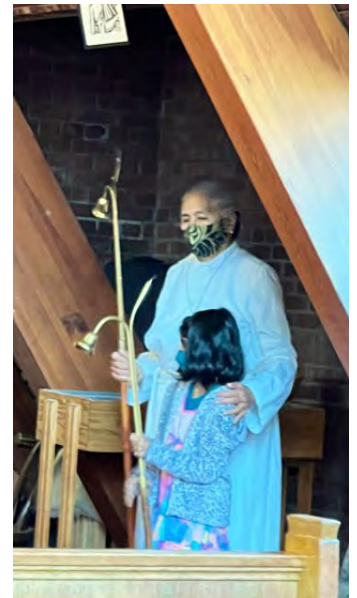
After giving their relationship a good long test, former parishioners Eileen Fried and Dennis Rieke decided it was time to tie the knot, and so they drove all the way from their home in Florida to Ardsley to be joined in marriage at St. Barnabas. On January 7, the service was held in our sanctuary. Joining in the celebration were many family members, including Eileen's daughter and son-in-law, Georgann and Dan Perry, her granddaughter, Caitlin, and grandson, Michael, Eileen's sister, Hope Sutherland, and niece, Laura Andrade, plus a number of St. Barnabas parishioners. Eileen and Dennis are witness to the fact that love can come at any age. We wish them God's blessing and many more happy years together.



## TO MASK OR NOT TO MASK

Shown here are Kate Mau and Bethsaida Mathew wearing masks while serving at the altar on a recent Sunday.

While the worst of the Covid crisis has subsided and the wearing of masks is no longer mandated, some people prefer to wear them, especially if they suffer from respiratory illnesses or other immune-compromising conditions. Hospitals are filling up again with people who have respiratory illnesses. Wearing a mask protects the wearer and helps prevent the spread of germs, so everyone should feel free to wear a mask whenever they feel it is necessary.



## REMINDER: AN EASY WAY TO PAY YOUR PLEDGE

A very convenient way to pay your pledge is through automatic withdrawals. For many years the Diocese offered a service enabling automatic payments; however that service ended. If you would like to save yourself the trouble of trying to remember to make payments and write checks, please consider setting up automatic payments online through Zelle as part of your online banking service. When asked for the recipient's email address, use [stbarnabasardsleytreasurer@gmail.com](mailto:stbarnabasardsleytreasurer@gmail.com)

## LENTEN MEDITATIONS



If you are looking for some guidance on a Lenten meditation, you might consider, "Who is My Neighbor?", provided by Episcopal Relief and Development. Readers are invited to join them as they meditate on the commandment to love our neighbor and consider the meaning of this fundamental instruction in our daily lives.

The meditation was written by The Rev. Robin Denney, a parish priest and former missionary focused on agricultural development in Liberia and South Sudan. His reflections are poignant and personal, and challenge the reader to consider the question, "Who is my neighbor?"

If you'd like to join this Lenten journey, you can sign up to receive a meditation in your inbox each day, read the meditations online by visiting the links below, or download all the meditations to read and share. Go to <https://www.episcopalrelief.org/church-in-action/lent/> for more information.